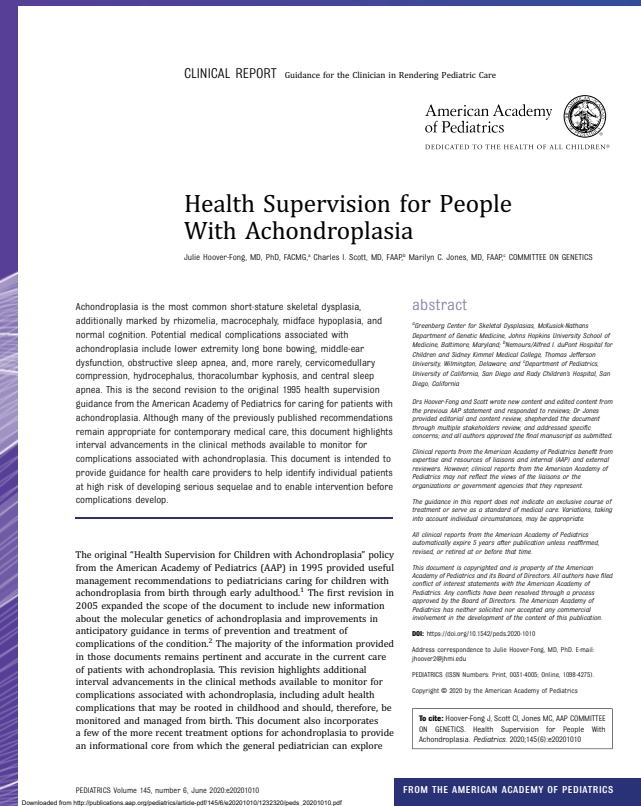


Health Supervision for People With Achondroplasia Summary Table

This summary table—reproduced with permission from the American Academy of Pediatrics—is intended to provide support for healthcare providers to help identify individual patients at high risk of developing serious sequelae and to enable intervention before complications develop.











[Review the full publication](#)

Diagnosis

Genetic Counseling

Medical Evaluation

Anticipation or Guidance

	 Prepregnancy and Short- Stature Parents	 Prenatal and Short- and Average- Stature Parents	 Birth to 1 month	 1 month to 1 year	 1 to 5 years	 5 to 13 years	 13 to 21 years	 Adults
Physical examination	✓	✓ of fetus	✓	✓	—	—	—	—
Imaging	✓ radiographs	✓ ultrasonography of fetus	✓	—	—	—	—	—
Molecular testing	✓	✓ of fetus	✓	—	—	—	—	✓









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	 Prepregnancy and Short- Stature Parents	 Prenatal and Short- and Average- Stature Parents	 Birth to 1 month	 1 month to 1 year	 1 to 5 years	 5 to 13 years	 13 to 21 years	 Adults
Review natural history	✓ of potential offspring	✓	✓	✓	✓	✓	✓	✓
Recurrence risk and genetics	✓	✓	✓	✓	✓	✓	✓	✓
Delivery mode and location	✓	✓	—	—	—	—	—	✓
Support group(s), family support	✓	✓	✓	✓	✓	✓	✓	✓
Desired pregnancy?	—	✓	✓	—	—	—	—	✓

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	 Prepregnancy and Short- Stature Parents	 Prenatal and Short- and Average- Stature Parents	 Birth to 1 month	 1 month to 1 year	 1 to 5 years	 5 to 13 years	 13 to 21 years	 Adults
Growth (height or length, weight, occipitofrontal circumference)	—	✓	✓	✓	✓	✓	✓	✓
Physical examination	—	—	✓	✓	✓	✓	✓	✓
Neurologic examination	—	—	✓	✓	✓	✓	✓	✓
Development	—	—	✓	✓	✓	✓	—	—
Neuroimaging	—	—	✓	✓ if new diagnosis	✓ as indicated	✓ as indicated	✓ as indicated	✓ as indicated
Polysomnography	—	—	✓	✓ if new diagnosis	✓ as indicated	✓ as indicated	✓ as indicated	✓ as indicated
Hearing assessment	—	—	✓	✓	✓	✓	✓	✓
Radiography for kyphosis, genu varus, bowing	—	—	—	✓	✓ as indicated	✓ as indicated	✓ as indicated	✓ as indicated









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	 Prepregnancy and Short- Stature Parents	 Prenatal and Short- and Average- Stature Parents	 Birth to 1 month	 1 month to 1 year	 1 to 5 years	 5 to 13 years	 13 to 21 years	 Adults
Warning signs of severe complications	—	—	✓	✓	✓	✓	✓	✓
Car Seats	—	✓ for hospital discharge	✓	✓	✓	✓	—	—
Achondroplasia-specific development	—	—	✓	✓	✓	—	✓	—
Jugular bulb dehiscence warning	—	—	—	✓	✓	✓	✓	✓
Supplemental security income inclusion	—	—	—	✓	✓	✓	✓	✓
Accommodations	—	—	—	—	✓	✓	✓	✓
Obesity, exercise, diet	—	—	—	—	✓	✓	✓	✓
Driving	—	—	—	—	—	—	✓	✓
College	—	—	—	—	—	—	✓	✓
Job training	—	—	—	—	—	—	✓	✓

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